

How the Rosicrucians  
Heal the Sick



THE ROSICRUCIAN FELLOWSHIP  
*Oceanside, California, U.S.A.*

## The Rosicrucian Cosmo-Conception

By MAX HEINDEL

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viewpoint of evolution ever issued to the general public.



vine Flame of God, and after eons of preparation reached his present state, and will finally attain the perfection of superman.

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## How the Rosicrucians Heal the Sick

THE ROSICRUCIAN work of healing is carried on by the Elder Brothers of the Rosicrucian Order through a band of Invisible Helpers whom they are instructing.

The work is conducted according to the commands of Christ Jesus, namely, "Preach the gospel and heal the sick."

### THE ELDER BROTHERS

These are high spiritual beings through whom the Christ Spirit is working for the benefit of humanity.

### THE INVISIBLE HELPERS

The Invisible Helpers are those who live a worthy life of helpfulness during the daytime while in their physical bodies, and whose evolutionary development is such as to earn the privilege of being helpful through the instrumentality of the Elder Brothers at night while functioning in their etheric bodies, as indicated in the words of the Rosicrucian Fellowship Evening Service: "Tonight while our physical bodies are peacefully resting in sleep, may we as Invisible

Helpers be found faithfully working in the vineyard of Christ." These Invisible Helpers are gathered together in bands according to their temperaments and their abilities. They are under the instruction of other Helpers who are physicians, and all of them work under the guidance of the Elder Brothers, who naturally are the moving spirits of the whole work.

Not infrequently patients are aware of the presence of the Invisible Helpers.

#### RIGHT LIVING NECESSARY FOR A CURE

The Invisible Helpers never refuse to answer an appeal for help, but in order to respond to the Divine Healing Force patients must adopt the gospel of right living. They should observe a pure diet; meatless, insofar as it is possible; however, meat should be left off gradually in order that the body may adjust itself to the change; they must fill their living and sleeping rooms with pure air, their minds with pure thoughts; and their daily lives with pure actions. The Divine Healing Force is pure; if you ask for it in order to be relieved of your ailments, you must be willing to conform to the natural laws of purity. Pure air, pure food, pure thinking, and pure living! If you ignore these great health-giving factors you may have called in vain upon the Divine Healing Force.

#### HEALING FORCE

All healing force comes from God, our Heavenly Father, the Great Physician of the Universe; it is latent everywhere; by prayer and concentration it is liberated and directed to the sufferer; it manifested through the Master, Christ Jesus; it goes forth from the weekly healing meetings held in the Rosierueian Fellowship Headquarters. Through the workings of this supreme force the Invisible Helpers raise the vibrations of the patient to a higher rate, thus enabling him, first, to eliminate the disease poison from the system, and second, to rebuild every blood corpuscle, fibre, tissue, and organ until the whole body is made new. This is done not in a miraculous manner but in accordance with nature's laws. If the patient continues to break these laws and by a wrong mode of living to accumulate poisonous substances in the system, he frustrates the healing work.

#### CAUSE OF DISEASE

The wonderful organism called the human body is governed by immutable natural laws. All disease results from willful or ignorant violation of nature's laws. People are ill because in this earth life or in a previous one they have disregarded the fundamental principles on

which the health of the body depends. If they wish to regain and to retain their health, they must learn to understand these principles and to regulate their daily habits in conformity with them.

This is what the Master Healer, Christ Jesus, meant when He said to the man who was a cripple: "Thou art made whole: sin no more, lest a worse thing come unto thee." (John 5:14.) Even the Christ could not give lasting health unless the recipient of the healing force refrained from indulging wrong habits which cause disease and lived in obedience to the God-given laws that rule man's body as well as his relations to his fellow creatures.

#### THE RIGHT TO HEALTH

Some people "demand" perfect health and claim they have a right to it. They forget that either in this or a former life some have forfeited their God-given right through disobedience to nature's laws, which are God's laws. Through suffering they have to learn obedience. When they have mastered their lesson and are willing to "sin no more," their right to health will be restored to them.

#### VIOLATIONS OF THE LAWS OF HEALTH

The Divine Healing Force is constructive; wrong methods of living which dis-

regard the laws of nature are destructive.

The omissions and transgressions responsible for wrong living and consequently for disease are many. The following are the principal ones: unnatural food; too much food; ill-proportioned food; lack of fresh air and sunshine; lack of cleanliness; lack of exercise; lack of rest and sleep; lack of self-control; sleeping in unventilated rooms; harboring thoughts of anger, hatred, and resentment; yielding to a hasty temper; gratifying low desires; harming fellow creatures whether human or animal; abusing the sacred generative function.

Since all the organs and functions of the body are interdependent, the abuse and consequent affliction of one part hurts all the others, furthers the accumulation of disease poison throughout the system, and lowers the vitality of the whole. The local symptoms are only evidence of the whole body being at fault. Therefore, all true healing, in order to achieve lasting results, is directed not to the suppression of symptoms but to the removal of the cause that made the symptoms appear.

#### SPIRITUAL HEALING

Spiritual healing operates on the higher planes of being but is effected in strict adherence to natural laws which

prevail below as above; consequently all natural therapeutics applied on the physical plane are in harmony with the work of the Invisible Helpers on the higher planes.

#### RIGHT FOOD IS NATURAL MEDICINE

As the body is built up of the physical substances introduced into the blood by the daily food, right food is the *natural* medicine which the patient must take in order to co-operate with the Invisible Helpers in their task of reconstructing his system.

#### EFFLUVIA TRANSMITTED IN WEEKLY REPORT

Before the Invisible Helpers can work with the patient they must have effluvia from his vital body, which is the etheric counterpart of the physical body and the operating sphere of the vital forces. The effluvia are obtained by having the patient write a letter every week consisting of a few words or a few lines with *pen and ink*. This is important as a pen charged with fluid is a greater conductor of magnetism than a dry pencil. The ether which thus impregnates the paper upon which the patient writes week by week gives an indication of his condition at that particular time, and furnishes an entrance key to his system. *It is something which he has given voluntarily and for the express purpose of furnishing access for the Invisible Helpers.* Unless the patient does his part in this respect, the Invisible Helpers are unable to do anything for him; so it may be seen that it is of the utmost importance to keep up the weekly letters to Headquarters.

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#### TIME REQUIRED FOR CURE

Instantaneous cures are frequent where the Invisible Helpers are called upon to assist in cases of acute disease. In the case of a chronic ailment which is of long standing and has taken years to develop, a certain amount of relief may be experienced immediately; complete recovery, however, which is equivalent to a renewal of the whole system can usually be achieved only in gradual stages. As said before, the healing work of the Invisible Helpers is not suppression of symptoms but reconstruction of the whole system, and in order to be accomplished it requires time as well as the patient's faithful and constant co-operation along the lines indicated above.

#### HEALING MEETINGS AT HEADQUARTERS

Healing meetings are held at Rosicrucian Headquarters on nights when the Moon is in Cardinal Signs in the Zodiac. The hour of service is about 6:30 P.M. The virtue of the Cardinal Signs is

dynamic energy which they infuse into every enterprise started under their influence, and therefore the healing thoughts of the helpers all over the world are endowed with added power when launched upon their errands of mercy under this cardinal influence.

If you would like to join in this work, sit down quietly when the clock *in your place of residence* points to the given hour, 6:30 P.M., meditate on *health and divine love*, and pray to the Great Physician, our Father in Heaven, for the restoration to health of all who suffer, particularly those who have applied to Headquarters.

At the same time visualize the Ecclesia, the Healing Temple at Headquarters, where the thoughts of all aspirants are finally gathered by the Elder Brothers and used for the stated purpose.

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